

Decluttering Checklist

Kitchen – What to Let Go

- ■ Expired food, spices, and condiments
- ■ Duplicate utensils or small appliances you never use
- ■ Chipped or mismatched dishes you no longer like
- ■ Plastic containers without lids
- ■ Old dish towels, oven mitts, or linens

Closet – What to Let Go

- ■ Clothes that no longer fit or feel comfortable
- ■ Shoes that are worn out or painful to wear
- ■ Duplicate coats or jackets
- ■ Accessories you haven't worn in years
- ■ Formal outfits you know you'll never wear again

Paperwork – What to Let Go

- ■ Expired coupons, receipts, or junk mail
- ■ Old magazines or newspapers
- ■ Outdated instruction manuals (most are online now)
- ■ Bills and bank statements older than a few years (unless legally needed)
- ■ Multiple copies of the same document

Garage or Storage – What to Let Go

- ■ Broken tools or equipment you'll never repair
- ■ Paint, chemicals, or supplies past their expiration date
- ■ Old sports equipment or bikes no longer in use
- ■ Extra holiday décor you no longer put out
- ■ Boxes of items you haven't touched in years